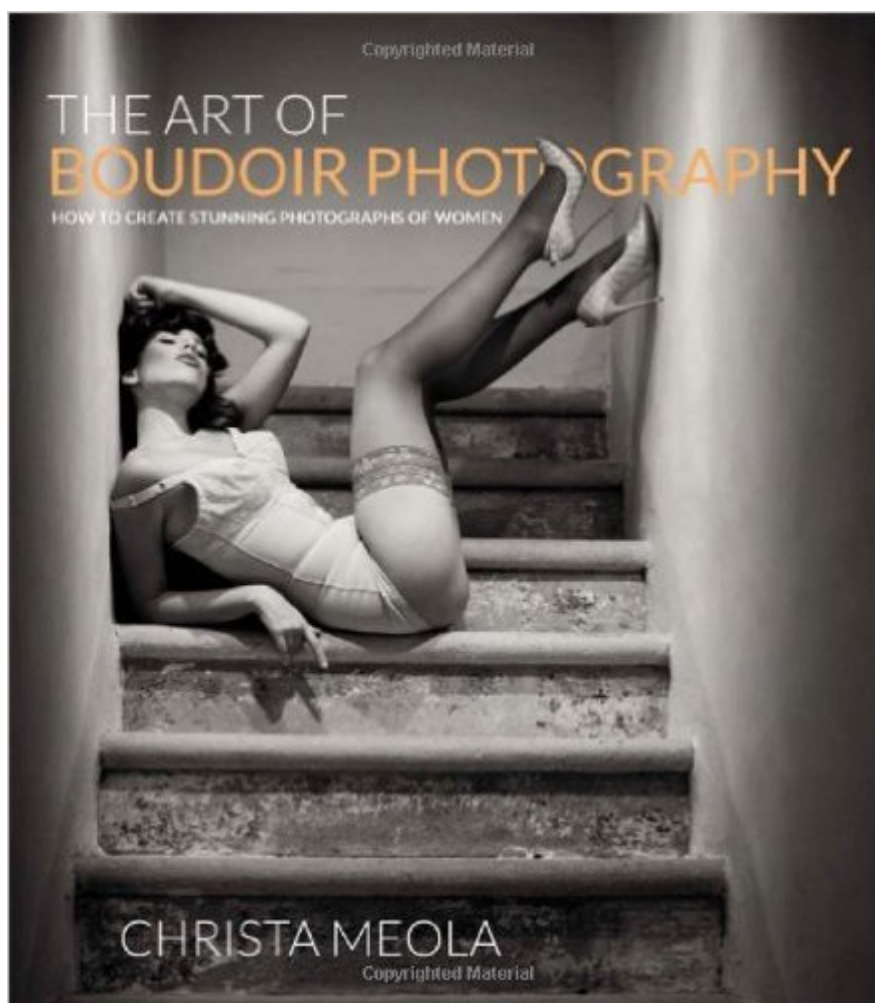


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# The Art Of Boudoir Photography: How To Create Stunning Photographs Of Women



## Synopsis

"Cultivating sex appeal and looking great naked is not about crash dieting or Photoshop, but rather is about a woman's attitude, confidence, playful personality, and feeling good in her own skin." —Christa Meola, boudoir photographer

In this greatly anticipated book *The Art of Boudoir Photography: How to Create Stunning Photographs of Women*, pro photographer Christa Meola goes beyond photography instruction to include detailed information on how to help women look and feel beautiful by cultivating their sex appeal. This beautifully illustrated guide will not only enhance your understanding of how to bring out the best in every woman, but also sharpen your photography skills in order to capture her successfully.

Whether shooting with a pro model, plain-Jane, curvy gal, or soccer mom, Christa gets to know her subject intimately in order to help her look and feel beautiful, sexy, and confident. Christa shares her personal tips and techniques throughout the entire process, creating an amazing experience that produces photographs packed with emotion. She covers every step in creating a successful boudoir shoot, including how to prepare a subject who has never posed before, coaching sensual movement, beautiful lighting setups with minimal equipment, how to flatter every figure, and more. With "Before and After" profiles and "Do and Don't" scenarios throughout, essential lists, practical tips for male photographers, metadata for every shot, as well as post-processing techniques in Adobe Lightroom and Photoshop, this book offers clear and inspiring instruction.

*The Art of Boudoir Photography* is about transformation. It's about cultivating sex appeal and enthusiastic positivity. It's that jolt of confidence and bolt of sexual prowess to tease out of your subject. It's for each woman to recognize her individual beauty, provide an opportunity for her to break through her comfort zone, honor her body, and celebrate femininity. For photographers with varying levels of experience, this book is for you "to appreciate and embrace boudoir photography, enhance your understanding of what it is, what it can do for women, and most importantly, how to have fun with it!"

## Book Information

Paperback: 272 pages

Publisher: New Riders; 1 edition (December 16, 2012)

Language: English

ISBN-10: 0321862708

ISBN-13: 978-0321862709

Product Dimensions: 7.9 x 0.9 x 9 inches

Shipping Weight: 1.5 pounds (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars Â Â See all reviewsÂ (143 customer reviews)

Best Sellers Rank: #45,399 in Books (See Top 100 in Books) #7 inÂ Books > Arts & Photography > Other Media > Erotic #7 inÂ Books > Arts & Photography > History & Criticism > Themes > Erotica #16 inÂ Books > Arts & Photography > Photography & Video > Erotic Photography

## Customer Reviews

When it comes to photographing women, especially in a boudoir setting, the name of Christa Meola will often be at the top of the list. She's an exceptional photographer in her own right, and is well known for her workshops and seminars. Christa's book *The Art of Boudoir Photography: How to Create Stunning Photographs of Women*, released in late 2012, lives up to its title, as good boudoir photography is truly an art. In her workshops, she instructs photographers how to work with style and sensitivity, and her numerous location and studio events are full of innovation and sensuality, energy and feeling. Have been following her blog for quite some time, and when an online offer came through from her publisher, Peachpit/New Riders, I grabbed it in Kindle format. At about 270 pages, it's a good one, and handy to have for the reader or photographer on the go. The author delves into how to work with women, how to flatter every size and shape, and how to bring out the best in every woman. In short, here you'll find the fundamental posing, shooting and lighting techniques that each photographer can employ to capture truly stunning photographs. Ms. Meola has no problem with communicating with photographers or with her female clients who have signed up for one of her photo sessions, and that shines through on the pages of this book. The photos within are sensual without being overly explicit, and she clearly has the ability to teach women to recognize their individual beauty, to break through into their individual comfort zones and to celebrate the joys of their own femininity.

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